

MON-SUN

Day	Hours
Monday	8:00am - 8:00pm
Tuesday	8:00am - 8:00pm
Wednesday	8:00am - 8:00pm
Thursday	8:00am - 8:00pm
Friday	8:00am - 8:00pm
Saturday	8:00am - 8:00pm
Sunday	8:00am - 8:00pm



Onsite services available in North Carolina and South Carolina

CONTACT US TODAY TO BOOK YOUR NEXT SESSION!

704-293-8519

Jessica Anson- owner  
Alyssa Wappes- owner  
athleticupgrade.info@gmail.com

"Boost your performance"



ATHLETIC UPGRADE

Boost your performance

DESIGNED FOR  
THE ELITE  
ATHLETE

Onsite performance boosting service for today's athlete in a luxury environment. When you train like a pro you must recover like a pro. Compression, Cryotherapy, Red Light, Hypervolt and PEMF. Customized plans available for individuals and teams.

ATHLETIC UPGRADE



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www.athletic-upgrade.com



## MENU OF SERVICES

Product	Price
Normatec Compression	\$35.00
Hypervolt Muscle Massager	\$10.00
Localized Cryotherapy	\$35.00
LightStim Red Light	\$35.00
PEMF- coming soon	\$35.00
Monthly Membership Pricing	
MVP - 4 sessions	\$109.00
Hall of Fame - 6 sessions	\$149.00
G.O.A.T - 8 sessions	\$179.00
A la carte	
MVP and Hall of Fame	\$30.00
G.O.A.T	\$24.00

## BENEFITS:

- REDUCES INFLAMMATION
- INCREASES OXYGEN TO THE MUSCLES
- INCREASES BLOOD CIRCULATION
- ACCELERATES TISSUE REPAIR
- BOOSTS ENERGY LEVELS
- DECREASES FATIGUE
- INCREASES BLOOD FLOW
- SHORTENS RECOVERY TIME



## CUSTOMIZED TEAM PLANS AND PRICING AVAILABLE

Hourly Team Rate (2hr min)	\$550.00
On Site Fee	\$495.00

